



Max Mertz, MD

Specialty: Family Medicine

GOSHEN PHYSICIANS FAMILY MEDICINE - KEYSTONE

1814 Charlton Ct, Goshen, IN 46526 [Directions](#)

574-533-4169

About Me

Max Mertz, MD, is a board certified family physician with more than three decades of experience providing high quality, individualized care. By serving not only as a doctor but also as a leader of numerous health care organizations in Northern Indiana, he has dedicated his career to helping patients and their families get the care they deserve. Dr. Mertz graduated with highest distinction from the Indiana University School of Medicine. After finishing his family practice residency, he opened his own private practice before joining Goshen Physicians in 1996. He served as the president of the Elkhart County Health Board, Director Emeritus of the Goshen Hospital and Healthcare Foundation, Medical Director of Indiana Lakes Managed Care Organization and Medical Director of Goshen Home Care & Hospice, to name a few. When he's not treating patients of all ages, he enjoys reading, bicycle riding, and spending time with his wife, Lydia, and their four children.

Philosophy of Care

Dr. Mertz emphasizes trying to prevent illnesses and, if they develop, to manage and reduce the complications. He tries to involve patients in their own care and help them improve their lives. Dr. Mertz uses the latest medical advancements to ensure that his patients and their families have convenient access to a wide spectrum of comprehensive medical care, all backed by the full support of Goshen Health.

Research/Clinical Interest

- Preventive care and wellness
- Chronic disease management, including diabetes, high blood pressure, asthma, depression and osteoporosis
- Medical procedures, including allergen immunotherapy, arthrocentesis, circumcision, destruction of skin lesions and skin tags removal
- Hospice care

Education

Board Certified – Family Medicine

Education and training:

Doctor of Medicine

Indiana University School of Medicine | Indianapolis, IN

Residency:

Ball Memorial Hospital | Muncie, IN
