



Keith Barkow, MD, FAAFP

Specialty: Family Medicine

GOSHEN PHYSICIANS PARKWAY AT 17

851 Parkway Ave, Elkhart, IN 46516 [Directions](#)

574-537-0521

GOSHEN PHYSICIANS FAMILY MEDICINE - MIDDLEBURY

226 West US 20, Middlebury, IN 46540 [Directions](#)

574-825-8068

GOSHEN SURGERY CENTER

1605 Winsted Dr, Goshen, IN 46526 [Directions](#)

574-364-4730

About Me

Dr. Keith Barkow is a board certified family medicine physician with Goshen Physicians. Dr. Barkow treats everyone from birth to elderly patients. He includes the full range of family practice encompassing all conditions, including obstetrics and sports medicine. He serves as Northridge High School's team physician since 2000.

Philosophy of Care

Dr. Barkow considers his patients' care as if they were a member of his family. He asks himself, "If this were my father/mother, sister/brother, son/daughter, spouse, what would I do for them?" Then his treatment options are as carefully considered as if his patient were a family member. He believes patients have a critical role to play in taking care of their bodies and health. When they are willing to take responsibility for the choices they make, they can have a profound influence on their health. Dr. Barkow wants to educate, guide and advise patients on the power of their lifestyle choices that can improve their health and help them remain healthy.

Research/Clinical Interest

- Primary medicine
- Preventive care and wellness
- Chronic diseases and management
- Obstetric care
- Sports medicine
- Office-based procedures, including colonoscopies, lump and bump removal, mole removal, colposcopy, vasectomy and circumcision

Education

Board Certified – Family Medicine

Education and training:

Doctor of Medicine

Indiana University School of Medicine | Indianapolis, IN

Residency:

Memorial Hospital | South Bend, IN
