



Heather Whitehead, MSN, RN, FNP-BC

Specialty: Family Medicine

GOSHEN PHYSICIANS FAMILY MEDICINE AND URGENT CARE

2824 Elkhart Road, Goshen, IN 46526 [Directions](#)

574-535-1700

GOSHEN PHYSICIANS FAMILY MEDICINE - ELKHART

3421 S Main St, Elkhart, IN 46517 [Directions](#)

574-295-7178

About Me

Heather Whitehead is a certified family nurse practitioner at Goshen Physicians Family Medicine and Urgent Care. She takes a holistic approach to treating acute and chronic illnesses with a goal of disease prevention. In addition to wellness exams and routine physicals, Heather provides immunizations, vaccinations and medication management for newborns to adolescents and adults to seniors.

Heather has extensive experience in caring for critically ill patients and managing pulmonary disease. Her passion for healthy eating and fitness also helps her motivate patients to manage their weight and build healthy lifestyles.

Philosophy of Care

Heather believes a strong relationship with patients is key to providing the best possible care. She educates patients on healthy choices that make a difference in health and well-being over a lifetime.

Research/Clinical Interest

- Disease prevention
- Chronic diseases and management, including diabetes, heart disease, high blood pressure and pulmonary disease
- Lifestyle management
- Mental health, including anxiety and depression

Education

Certified – Family Nurse Practitioner

Education and training:

Master of Science in Nursing

Indiana University of South Bend | South Bend, IN
