



Nicholas DeFauw, DO

Specialty: Sports Medicine

✔ Welcoming new patients

GOSHEN PHYSICIANS ORTHOPEDICS & SPORTS MEDICINE

1824 Dorchester Ct, Goshen, IN 46526 [Get Directions](#)

Existing Patients: 574-534-2548

New Patients: 574-537-5000

GOSHEN PHYSICIANS PARKWAY AT 17

851 Parkway Ave, Elkhart, IN 46516 [Get Directions](#)

Existing Patients: 574-534-2548

New Patients: 574-537-5000

Biography

Dr. Nicholas DeFauw is a board certified primary care sports medicine doctor. With advanced training in family medicine and a fellowship in sports medicine, he plays an important nonsurgical role on the care team at Goshen Physicians Orthopedics & Sports Medicine. Dr. DeFauw treats patients of all ages, from young athletes and adult exercise enthusiasts to weekend warriors and others with muscle or bone injuries or pain.

From football, hockey and soccer to cycling and bull riding, Dr. DeFauw knows his way around treatment and prevention of illness and sports injuries. He appreciates opportunities to serve as a team physician or medical director for high school athletes, national sports leagues and conferences.

Dr. DeFauw also is a strong advocate of advancing the education of future leaders in sports medicine. He has served as the medical director for a sports medicine fellowship program and as a faculty member for health systems in Wisconsin and Texas.

Philosophy of Care

For Dr. DeFauw, the essence of patient-centered care means doing what fits the individual needs of each patient. He believes in true teamwork, working closely with patients and Colleagues to offer the best possible care. His approach encourages patients to actively participate in their health and wellbeing. It's the kind of care he would want for his family and himself.

Research/Clinical Interest

- Managing care for patients with concussions
- Head injuries and broken or fractured bones

Techniques/Procedures

- Ultrasound guided procedures to treat chronic tendinopathy and relieve arthritis pain

Education

Board Certified – Family Medicine, Sports Medicine

Education and training:

Doctor of Osteopathic Medicine

Michigan State University College of Osteopathic Medicine | East Lansing, MI

Residency

Family Medicine

St. John Providence Health System – Osteopathic Division | Madison Heights and Warren, MI

Fellowship:

Sports Medicine

John Peter Smith Health System | Fort Worth and Arlington, TX
