



## Bethany Swope, MS Ed, LMFT

**Specialty:** Mind-Body Counselor

✔ Welcoming new patients

### **GOSHEN CENTER FOR CANCER CARE**

200 High Park Ave, Goshen, IN 46526 [Directions](#)

**574-364-2888**

### **About Me**

Bethany Swope, MS Ed, LMFT, is a licensed therapist who provides mind-body counseling support to patients and their family members during cancer treatment. As part of the Integrative Care Team at Goshen Center for Cancer Care, Bethany works in collaboration with other counselors, naturopathic care providers and dietitians to provide support programs for patients, their family members and caregivers.

### **Philosophy of Care**

As a mind-body counselor, Bethany focuses on the whole person, recognizing that a person's emotional, mental, social and spiritual well-being can impact his or her overall health. She is committed to helping patients and their family members to learn strategies to minimize stress, cope in healthy ways, and improve the quality of their lives.

### **Research/Clinical Interest**

- Mind-body counseling
- Emotional support
- Managing depression and anxiety
- Quality of life
- Holistic cancer care
- Adult and child support
- Stress management

### **Education**

Education and training:

Master of Science in Education, Couple and Family Counseling  
Indiana University-Purdue University, Fort Wayne, IN

Bachelor of Arts, English Education  
Goshen College, Goshen, IN

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